



Waters of Wisdom, Healing, and Hope

The Transformative Power of Fly Fishing and Nature

An Experiential Learning Retreat

Westover Farms, Steelville MO

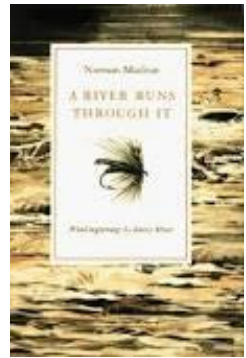
Saturday, October 8, 2022

8:00 am – 5:00 pm

Eventually, all things merge into one, and a river runs through it.... I am haunted by waters.
-Norman Maclean, *A River Runs Through It*

On the 30th anniversary of the film adaptation of Norman Maclean’s inspiring novella, *A River Runs Through It*, we invite you to a unique retreat at Westover Farms, Missouri’s premier fly fishing destination, to explore the lessons of this treasured story and experience first-hand the wisdom, healing, and hope offered through fly fishing and the great outdoors.

We live in disorienting times and wrestle with difficult questions about ourselves, others, and our communities. In this one-day intensive retreat, we combine immersion in nature, the healing waters of a trout stream, and a life-changing story to explore our own resilience and the capacity of the human spirit to navigate transition and loss, and create a path forward.



Your Guides

John Dietsch is a life coach, fly fishing guide, and author of *Graced by Waters: Personal Essays on Fly Fishing and the Transformative Power of Nature*. He supervised the fly fishing scenes on the set of *A River Runs Through It*. **Steve Ehrlich** is a lifelong educator and angler, retired continuing education dean and psychology instructor. He leads classes, presentations, and retreats on the literature and life lessons of fly fishing.

Day at a Glance

- John Dietsch on his story about healing and loss, the film he helped produce, and the books and essays it inspired.
- Steve Ehrlich on the deeper meaning of *our* story, self-examination, navigating change, finding common ground.
- Guided fishing, hiking, journaling, and meditation in nature—*experiential learning, reflection, action planning*.
- Skills and strategies from fly fishing for personal growth, professional development, and the public good.
- Rethinking unsettling questions, changes, and conflicts of our times based on lessons from fly fishing and nature.

Fee: \$150, includes instruction, fishing, hiking, and meals.

Registration and Inquiries: lisa.schlueter@westoverfarms.com (573) 743-6284. *Limited to 15.*
Lodging at Westover Farms available before and after the retreat.

Do you think I could have helped him?... How can a question be answered that asks a lifetime of questions?
-Norman Maclean, *A River Runs Through It*

